We need your shares for our Spring 2010 Recovery Bulletin on

Mistakes

"The second half of step ten says '...when we were wrong, promptly admitted it.' Continuing the process of admitting our mistakes and making amends to ourselves and others when called for keeps us humble and helps us to accept others as they are. Disciplining ourselves to do this again and again reminds us of the ancient wisdom in the words, 'To err is human; to forgive divine.' Both our humanness and our spirituality expand when we accept and forgive the mistakes of ourselves and others. We discover that it is a relief not to feel we always have to be right. We can let other people gain the benefits and suffer the consequences of their own decisions. We become more and more comfortable with who we are."

-*Paths to Recovery*, pg 103

Let your Al-Anon community know your thoughts on "mistakes."

Please return this completed form by **February 8, 2010** via email: newsletter@alanonmidpeninsula.org or post to: Newsletter Editor, 650 12th Ave, Menlo Park, CA 94025

Let us know if you want to use your first name or be anonymous when we publish your share. Some editing may occur. We regret that due to limited space we are unable to use all of the shares, although we may keep them for future use. Thank you!