We need your shares for our Fall 2010 Recovery Bulletin on

Decision-making

"With the help of a Higher Power, decision-making can be one of life's great adventures. Each crossroad brings a new challenge, and I am capable of dealing with whatever comes my way."

-*Courage to Change*, pg 53

Let your Al-Anon community know your thoughts on "decision-making."

Please return this completed form by **August 13, 2010** via email: newsletter@alanonmidpeninsula.org or post to: Newsletter Editor, 650 12th Ave, Menlo Park, CA 94025

Let us know if you want to use your first name or be anonymous when we publish your share. Some editing may occur. We regret that due to limited space we are unable to use all of the shares, although we may keep them for future use. Thank you!