

District 13 Proudly Presents:

# One Day at a Time in Al-Anon

Day In AL-ANON  
Saturday May 14, 2011

Congregational Church of Belmont  
715 Alameda De Las Pulgas  
Belmont, CA

From Highway 101:  
Take Ralston Avenue Exit West  
Turn Right on Alameda de las Pulgas

From Highway 280:  
Take 92 East then First Exit (Ralston Avenue)  
Left on Ralston, then another left at Alameda de las Pulgas

## Speakers!

## Workshops!

## 12 Step Work!

### Schedule:

Time	Sanctuary	Fireside
9:00 - 9:30	Registration	
9:30-10:30	Forgiveness	Developing Trust
11:00-12:00	3 A's	The 12 Steps
12:00 - 1:30	POT LUCK LUNCH	
1:30 - 2:30	What's an HP got to do w/it?	Perspectives on Alateen
2:45 - 3:15	Afternoon Tea & Raffle	
3:15 - 3:45	Al-A-Teen Speaker: TBD	
3:45 - 4:30	Al-Anon Speaker: JULIE C.	
4:30	Closing	

\$15 suggested donation, no one will be turned away for lack of funds!

### Potluck Lunch - Bring A Dish

A-H Main Dish    I-P Side Dish    Q-Z Desserts

### Raffle Basket Donations needed

Encourage your meeting to make one – help raise \$ for district 13

### VOLUNTEERS NEEDED!!!

Contact Holly H. to volunteer or for more details 650-245-7105 [hollyhimes@coastside.net](mailto:hollyhimes@coastside.net)

This event abides by the NCWSA Requirements for Alateen Member Safety